



Summary of the fascial segments

Segment/Joint	Latin term	Used abbreviation
Scapula	Scapula	SC
Humerus	Humerus	HU
Elbow	Cubitus	CU
Wrist	Carpus	CA
Fingers	Digiti	DI
Head	Caput	CP
Neck	Collum	CL
Thorax	Thorax	TH
Lumbar	Lumbi	LU
Pelvis	Pelvis	PV
Hip	Coxa	CX
Knee	Genu	GE
Ankle	Talus	TA
Foot	Pes	PE

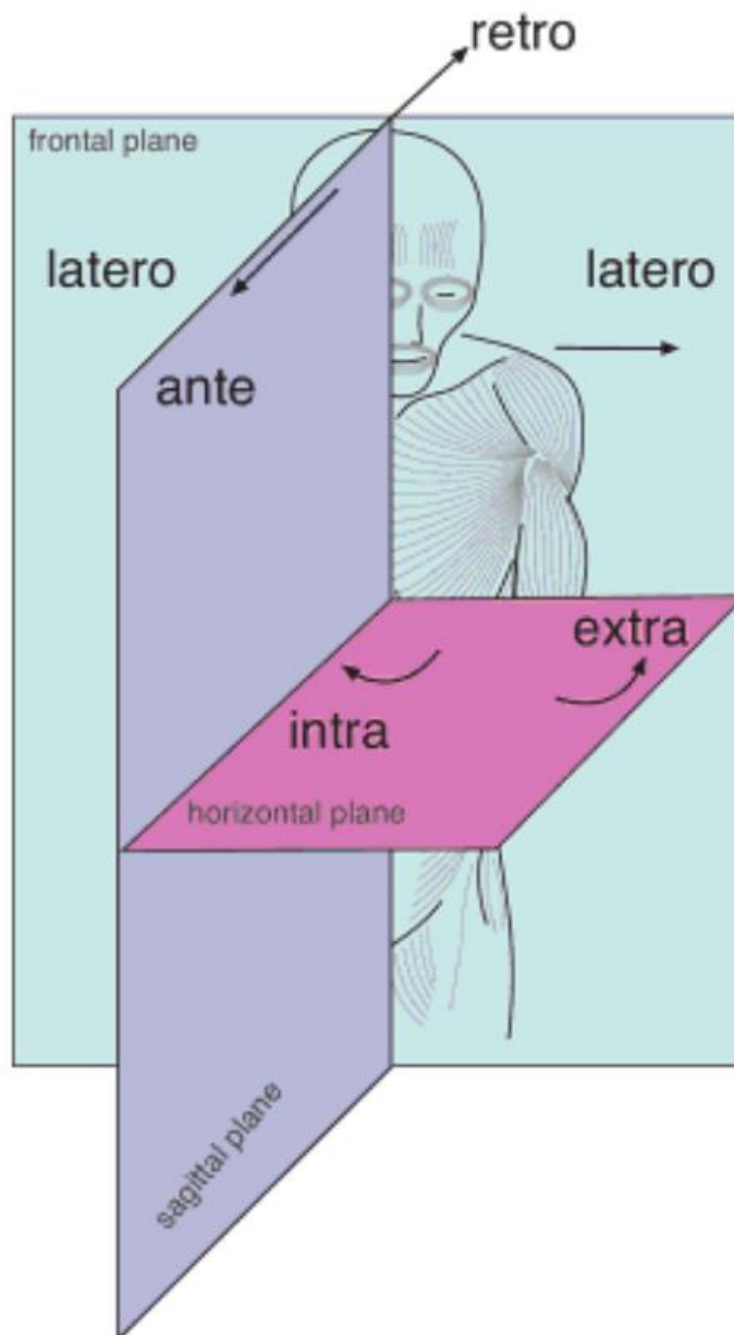


Fig.1.5. Directions and planes of movement.

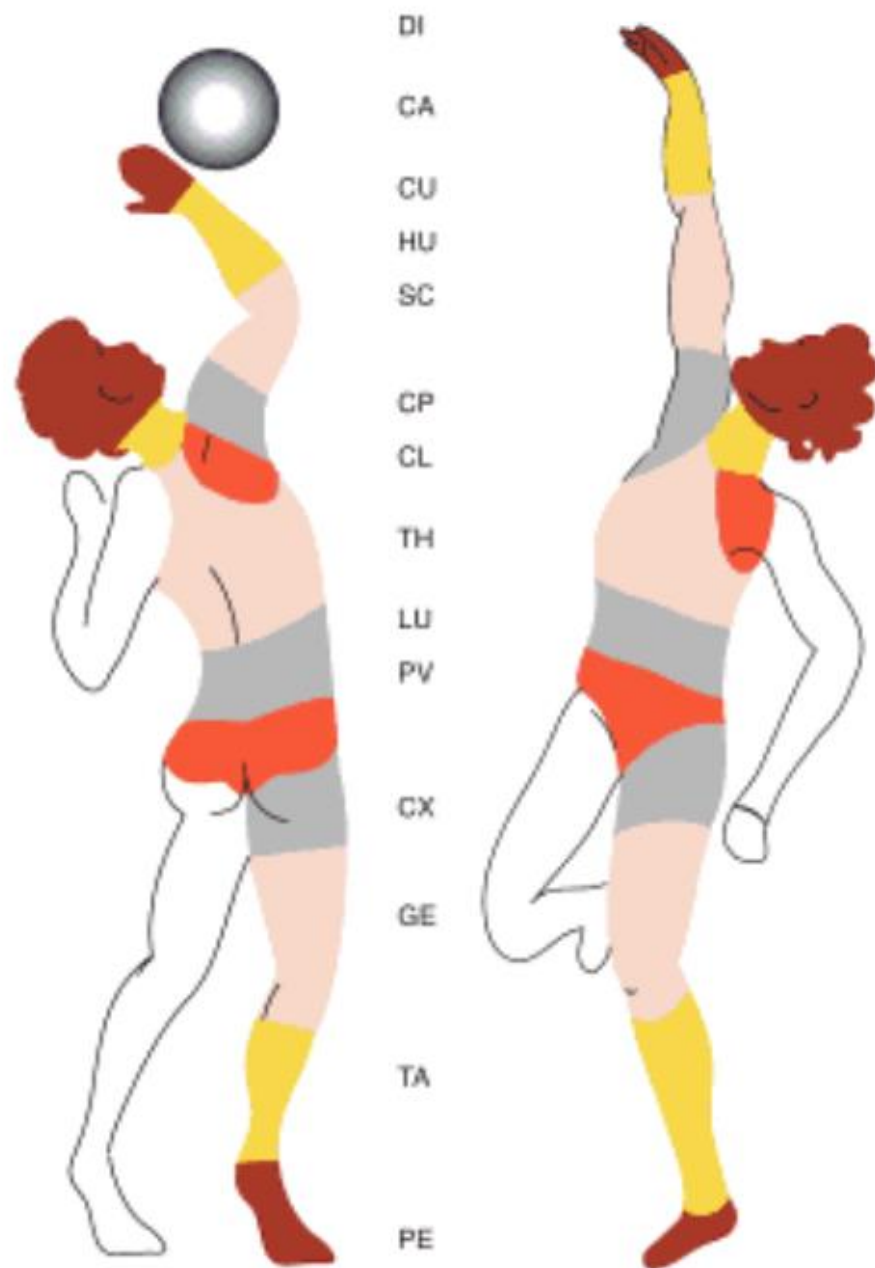


Fig.1.3. Anatomical boundaries of the myofascial units.